

News Briefs

Photo contest

The 52nd FW Public Affairs Office invites all wing members to participate in the "Explore the Eifel" photo contest. The best electronic, horizontal photo submitted to publicity@spangdahlem.af.mil by 10 a.m. Wednesday will be published on the cover of the July 22 *Eifel Times*, and the winner will receive a 52nd FW/PA coin. Photos must depict people or places during ETE week. Shoot natural poses only -- no "grip and grin" shots or subjects looking at the camera. The camera should be set to its highest resolution settings with the time stamp removed. Be sure to record the full name and rank of the subjects and describe the action, if necessary. For more information, call the PA office at 452-5244.

Change of command

♦ Col. Crescencio Torres relinquishes command of the 52nd Aerospace Medicine Squadron to Col. Victor Folarin July 26 at 3 p.m. in Club Eifel.

♦ Lt. Col. Galen Kirchmeier relinquished command of the 702nd Munitions Support Squadron to Lt. Col. Mark Meyer in June at Buechel AB, Germany.

52nd AMDS closure

The 52nd AMDS will be closed Wednesday from 11 a.m. to 3 p.m. for an official function. People in need of emergency assistance should visit the Bitburg Annex emergency room.

Safety briefing update

The 52nd FW Ground Safety office will conduct regularly scheduled local conditions and traffic safety briefings during "Explore the Eifel" week. The briefings will take place Monday and Wednesday at 8 a.m., with the latter briefing being conducted in the safety classroom at building 316, due to the cancellation of Combat Intro. This change only occurs during "Explore the Eifel" week. Call the 52nd FW Safety Office at 452-7233 for details.

Post office hours

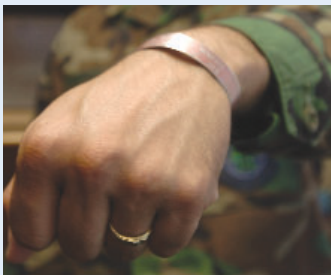
♦ Effective immediately, the Spangdahlem AB and Bitburg Annex Post Offices will close Thursdays at 2 p.m. for training. Normal hours of operation will resume Fridays.

♦ Spangdahlem AB and Bitburg Annex Post Offices will provide limited services during "Explore the Eifel" week Monday through July 22. The finance and parcel pick-up windows will be open from 10 a.m. to 2 p.m. daily. Normal services and hours of operation will resume Saturday.

Remember

A chief brings unexpected joy to a family who lost one of their own.

Read "Chief returns POW/MIA bracelet; gives closure to family," on Page 2.



Eifel Times

Vol. 39, Issue 24

Spangdahlem Air Base, Germany

July 15, 2005



Senior Airman Amaani Lyle

Well spoken'

Ralf Heine, 52nd Services Squadron equipment and facility manager, examines the spokes and adjusts the gears on a rental bicycle at the Spangdahlem Air Base Outdoor Recreation Center. Biking, camping, fishing and canoeing are just a few of the activities that will be showcased at the "Explore the Eifel" information fair in Club Eifel today from 9 a.m. to 4 p.m. ODR offers a variety of services including, but not limited to: ski and snowboard maintenance, rental equipment, a ropes course, fresh- and salt-water fishing, scuba diving instruction and other trips. ODR offers specialized group trips, subject to minimum participation requirements. Summer hours are Mondays through Fridays from 10 a.m. to 6 p.m. and Saturdays from 11 a.m. to 3 p.m. Call ODR at 452-7170 or 452-7176 for details. Read "Sabers can enjoy fun, culture, in Eifel region's local paradise" on Pages 6 and 7 for more information.

EUCOM lifts London travel ban, Sabers urged to remain vigilant

By Senior Airman Amaani Lyle
52nd Fighter Wing Public Affairs Office

In the wake of the London bombings July 7 and the U.S. European Command officials' recent lift on the travel ban there, the 52nd Fighter Wing Anti-Terrorism Office reminds Sabers to remain vigilant in all locations.

One of the most vital safety and security messages in a post-9/11 world is awareness. This is referenced in basic (operation security) procedures, said Tech. Sgt. Lorenzo Javier, 52nd FW/AT NCO.

"Be alert of any suspicious activity or things that look out of place," Sergeant Javier said. "When speaking in public, be aware of those around you and don't give out too much personal information as to what you do or who you work for."

The NCO added that keeping a low profile, dressing conservatively and blending in with the local populace can also help people thwart elements of potential terror and help people recognize it when they see it.

"When you're out, try to travel in small groups and always stay in well-lit areas," Sergeant Javier said. "Avoid large gatherings that develop spontaneously, and always let someone know where you're going, how long you intend to stay and a contact number to reach you."

The Air Force Office of Special Investigations' public Web site outlines the "Eagle Eyes" program, an anti-terrorism initiative that enlists the eyes and ears of Air Force members and citizens in the Global War on Terror.

"Terrorism is always preceded by planning steps, and those steps are observable if you know what to look for," said Maj. John Gamache, an OSI homeland security and investigative issue special agent at OSI headquarters, Andrews Air Force Base, Md. "This program seeks to edu-

Explore the Eifel ... safely

When out and about during "Explore the Eifel" week, have fun, but keep these helpful tips in mind.

- ♦ Be alert of suspicious activity
- ♦ Be careful about revealing too much personal and professional information
- ♦ Avoid large, spontaneous gatherings
- ♦ Try to blend in with the local populace through appearance and behavior
- ♦ Try to learn a few German phrases

Source: 52nd Fighter Wing Anti-Terrorism Office

cate the masses -- both on base and off -- on what those activities are and then what to do about it if you see something suspicious."

The AFOSI Web site said "Eagle Eyes" starts with teaching people about the typical activities terrorists engage in to plan their attacks. Next, the program provides a network of local, 24-hour phone numbers to call whenever a suspicious activity is observed.

Sergeant Javier said anyone, military or civilian, can get proactive in anti-terrorism processes.

"Always lock your garage, doors, windows, and when gone for a long period of time, have a friend come by and make it appear that you're there," he said. "Everyone is a sensor and we can lower our risks exponentially by having all available eyes aware of their surroundings."

Call the 52nd FW AT Office at 452-6699 to assess threat conditions prior to visiting neighboring countries. People can also visit <http://public.afosi.amc.af.mil/> or www.state.gov for more information.

RESCON Watch

BRAVO

1-2 DUIs in the Last 30 Days

Days since last DUI: 19

Rank of last DUI: senior airman
Squadron of last DUI: 52nd CMS

Large unit with best record: 52nd Communications Squadron, 148 days
Small units with best record: 52nd Medical Support Squadron, 52nd Dental Squadron and 52nd Contracting Squadron: No DUIs

Data Courtesy of the 52nd SFS

When going out, have a plan or call Airmen Against Drunk Driving at 06565-61-2233.



U.S. AIR FORCE
EagleEyes
WATCH REPORT.PROTECT

Remembering the fallen ...

Chief returns POW/MIA bracelet; gives closure to family

Story and photo by Senior Airman Eydie Sakura
52nd Fighter Wing Public Affairs Office

Every evening before he went to bed and every morning when he woke up, he read Army Staff Sgt. Manuel Moreida's name inscribed on his bracelet. He did this daily for more than 12 years.

Chief Master Sgt. Marc Rodriguez's personal routine for remembering Sergeant Moreida and the others like him acted as a constant reminder of what was truly important for that day -- his own family.

That is why the 52nd Communications Squadron mission systems flight superintendent decided to remove the bracelet and send it to the sergeant's family thousands of miles away -- to give a family he has never met a sense of closure after years of uncertainty.

In 1993 while stationed at Royal Air Force Lakenheath, England, then Tech. Sgt. Rodriguez, purchased a prisoner of war/missing in action bracelet from a vendor at the base exchange.

Chief Rodriguez picked the name of an enlisted person from Texas, his home state, who had been declared missing in action in Vietnam.

"Vietnam always had a special meaning for me because I had two older brothers who served there, and thankfully, both made it back safely," the chief said. "I always felt drawn to remember those who didn't make it back home, and this was my small way to honor those still unaccounted for."

When he first started wearing the bracelet, it was bright red, and through the years it has faded to a light pink color; however, it still acts as a steady reminder of why he serves and takes time to remember those who came before him.

"Wearing the bracelet has drawn attention and questions from younger servicemembers," Chief Rodriguez said. "It allows me to explain to the Airmen that they are a part of a bigger picture and that their service to the nation has a great impact on the world."

Creating an impact is what the chief did for one family in Texas, who had been waiting for nearly eight years to be contacted about the POW/MIA bracelet inscribed with their loved one's name.

"I came into work one day and I had an e-mail from Chief Rodriguez stating he had been wearing my uncle's bracelet for many years," said Ms. Edith Moreida, Sergeant Moreida's niece who lives and works in Austin, Texas. "I honestly didn't think it would ever be returned and I was in complete and total shock."

Ms. Moreida soon called her father, who was also very shocked, but extremely grateful.

"Having a missing family member is hard for a family. If we had known (Sergeant Moreida) had died, we could grieve and go on, but not knowing and wondering if he was a POW -- that was difficult for every member of our family," Ms. Moreida said.

The journey to reunite the Moreida family with the bracelet began in 2000, when the chief came across a Web site that had biographies of different POW/MIA servicemembers whose remains were still missing. He found Sergeant Moreida's name on the list and discovered he was part of a four-person crew with the 48 AHC Assault Helicopter Company in Vietnam when he went missing Dec. 2, 1967. Their UH-1D, Huey helicopter did not return from a mission, and the crew's status soon changed to missing in action.

"From this Web site, I also learned that the sergeant was from a neighboring town about eight miles from my hometown in Texas," the chief said. "I then read a POW/MIA article in the February 2005 *Airman* magazine about a bracelet being returned to a family after the servicemember's remains had been identified."

With a little more research, Chief Rodriguez soon discovered Sergeant Moreida's name was no longer listed on the POW/MIA page, as his remains were identified, and he was directed to another Web site containing the names of families looking for bracelets.

The chief feels that wearing a POW/MIA bracelet is a big responsibility and the wearer should not just set them aside.

"We become guardians of these people's namesake and in a way, their memory," he said. "I know it has been a very rewarding personal experience being part of this family's remembrance, and hearing how this one last 'belonging' of the Army sergeant has impacted their family and created a sense of closure. It makes me truly honored."



Chief Master Sgt. Marc Rodriguez, 52nd Communications Squadron mission systems flight superintendent, displays his prisoner of war/missing in action bracelet featuring Army Staff Sgt. Manuel Moreida's name. Sergeant Moreida was listed as MIA after his helicopter went missing Dec. 2, 1967. Chief Rodriguez sent the bracelet to Texas after contacting the Army sergeant's family.

The POW/MIA bracelet worn on Chief Rodriguez's wrist for more than a decade was mailed to the Moreida family recently, and will rest in Sergeant Moreida's flag and shadow box at his brother's house in Texas.

For more information on POW/MIA bracelets, check out <http://www.pow-miafamilies.org/vendors.html>; <http://thewall-usa.com/bracelet/>; or <http://www.pownetwork.org/bios.htm>.



Staff reports

Justin Alexander Stewart was born April 15 at 3:35 p.m. to Staff Sgts. Claudia and Jeremy Stewart. He weighed 8 pounds, 6 ounces and was 19.75-inches long. Sergeant Claudia Stewart is assigned to the 52nd Logistics Readiness Squadron and Sergeant Jeremy Stewart is assigned to the 52nd Maintenance Group.

Maya Alessondra Sylvia was born April 19 at 5:42 a.m. to Staff Sgt. Scott and Kimberly Sylvia. She weighed 7 pounds, 10 ounces and was 21-inches long. Sergeant Sylvia is assigned to the 52nd Component Maintenance Squadron.

Kaitlyn Elizabeth Shaw was born June 1 at 10:58 a.m. to Master Sgt. Timothy and Jennifer Shaw. She weighed 7 pounds, 2 ounces and was 21.25-inches long. Sergeant Shaw is assigned to the 52nd Aircraft Maintenance Squadron.

Nikolas Tuzon-Quinto Rodriguez was born June 6 at 1:01 p.m. to Staff Sgt. Jai and Mary Sherie Rodriguez. He weighed 7 pounds, 15 ounces and was 20-inches long. Sergeant Rodriguez is assigned to the 52nd Civil Engineer Squadron.

Josie Lynn Plakyda was born June 14 at 12:28 p.m. to Capt. Scott and Tara Plakyda. She weighed 10 pounds, 2 ounces and was 21.5-inches long. Captain Plakyda is assigned to the 81st Fighter Squadron.

Emma Grace Uptergrove was born June 14 at 3:30 p.m. to Staff Sgt. Adam and Amy Uptergrove. She weighed 7 pounds, 14 ounces and was 20.75-inches long. Sergeant Uptergrove is assigned to the 52nd AMXS.

Preston Xavier Davis was born June 20 at 8:21 p.m. to Tech. Sgt. Carl and Tina Davis. He weighed 8 pounds, 9 ounces and was 20.75-inches long. Sergeant Davis is assigned to the 52nd Security Forces Squadron.

Miguel Rodriguez was born June 21 at 7:46 a.m. to Staff Sgt. Jesus and Heather Rodriguez. He weighed 9 pounds, 9 ounces and was 22-inches long. Sergeant Rodriguez is assigned to the 52nd Operations Support Squadron.

(Information courtesy the 52nd Medical Support Squadron)

Wet roads, hydroplaning culprit for two major accidents

By David Barker
52nd Security Forces Squadron

Team Eifel had no driving-under-the-influence incidents this past weekend; however, Sabers were involved in two major accidents and 21 minor wrecks.

The first major accident occurred on the B-275 near the Fliessem exit. Speeding on wet roads caused the driver to crash into another car. There were no injuries.

The second major wreck occurred on A-60 near Wittlich when a local national hydroplaned and hit an active duty member's car. There were no injuries.

Team Eifel members were involved in 21 minor wrecks: two from speeding; five from improper backing; 12 from inattentive driving; and two involving wildlife.

Driver's Facts:

Summer driving can be as dangerous as fall and winter driving. Because of the longer hours of sun light and increased motorists on the roads, inattentive driving is creeping up as a major cause of accidents in the Eifel region.

People should remember to report their accidents to the 52nd Security Forces Squadron immediately after an accident or driving incident. Wing members who fail to report an accident will receive a six-month suspension in driving privileges.

Spangdahlem Air Base: 52nd SFS

Commercial: 06565-61-6666, DSN: 452-6666

Ramstein Air Base: 86th Security Forces Squadron

Commercial: 06371-47-2050, DSN: 480-2050

U.S. Forces Police

Commercial: 0631-536-6060



Integrity



Service Before Self



Excellence in All We Do



Courtesy photo

Top Saber Performer

Name: Staff Sgt. Jonathan Walker
Unit: 703rd Munitions Support Squadron, Volkel Air Base, Netherlands
Duty Title: Quality assurance program manager
Hometown: Albuquerque, NM
Years in service: Seven
Nominee's contributions to 52nd Fighter Wing mission success: Sergeant Walker's Maintenance Standardization and Evaluation and flight Training Programs were "benchmarked" by the 38th Munitions Maintenance Group and subsequently implemented as the group's standard

across four geographically separated units in four different countries. His detailed training program also earned him "Pat on the Back" honors during the 52nd Fighter Wing's Unit Compliance Inspection.

Off-duty volunteerism and professional development pursuits: Sergeant Walker is the Volkel Boy Scout Troop 176 Scoutmaster. The scout program shapes today's youths into future leaders. He is currently completing requirements necessary for award of the Master Technician patch.

What do you do for fun? I'm involved in many sports activities, especially softball. I helped put together teams for AMMO Bowl and squadron-level softball tournaments.

What do you like most about being stationed at Volkel AB? What could be better than being stationed in Holland?

What's the one thing you'd like to see changed or improved at Volkel Air Base? I'd like to see a larger fitness center with more exercise equipment; this would allow everyone an opportunity to use the fitness center at the same time.

Wing lauds group quarterly winners

Staff reports

The 52nd Fighter Wing salutes the following individuals for their outstanding achievements during the second quarter of 2005.

Wing staff agencies

Airman: **Airman 1st Class Tamara Schonerstedt**, 52nd Comptroller Squadron; **NCO:** **Tech. Sgt. Lisa Claxton**, 52nd CPTS; **SNCO:** **Master Sgt. Daniel Kuchler**, 52nd Fighter Wing Inspector General; **CGO:** **1st Lt. Reese Rini**, 52nd CPTS

52nd Operations Group

Airman: **Senior Airman John Bowerman**, 606th Air Control Squadron; **NCO:** **Staff Sgt. Kenny Ritchie**, 606th ACS; **SNCO:** **Senior Master Sgt. Pat Boot**, 52nd Operations Support Squadron; **CGO:** **Capt. Timothy Higgins**, 606th ACS

52nd Mission Support Group

Airman: **Airman 1st Class Fathia Jones**, 52nd Logistics Readiness Squadron; **NCO:** **Staff Sgt. Leslie Cascell**, 52nd Civil Engineer Squadron; **SNCO:** **Master Sgt. Dan Williams**, 52nd LRS; **CGO:** **Capt. Alyson Miller**, 52nd Services Squadron

52nd Maintenance Group

Airman: **Airman 1st Class Joshua Barnes**, 52nd Aircraft Maintenance Squadron; **NCO:** **Staff Sgt. Melissa**

Girouard, 52nd Equipment Maintenance Squadron; **SNCO:** **Senior Master Sgt. Menschel**, 52nd EMS; **CGO:** **Capt. Stanley Woronick**, 52nd AMXS; **dedicated crew chiefs:** **Staff Sgt. Mark Ertel**, 52nd AMXS and **Airman 1st Class Joseph McKeague**, 52nd AMXS; **junior-level civilian:** **Tanya Earwood**

38th Munitions Maintenance Group

Airman: **Senior Airman Brandon Moore**, 701st Munitions Support Squadron, Kleine Brogel AB, Belgium; **NCO:** **Staff Sgt. Manwell Clark**, 702nd MUNSS, Buechel AB, Germany; **SNCO:** **Master Sgt. Jonathan Ford**, 701st MUNSS; **CGO:** **Capt. Jeffrey Shames**, 701st MUNSS; **FGO:** **Maj. Theresa McGowan**

52nd Medical Group

Airman: **Airman 1st Class Demetris Cone**, 52nd Dental Squadron; **NCO:** **Tech. Sgt. Kimberly Thrash**, 52nd Medical Operations Squadron; **SNCO:** **Master Sgt. Reginald Dollard**, 52nd Medical Operations Squadron; **CGO:** **Capt. Steven Caldrony**, 52nd Dental Squadron; **healthcare provider:** **Maj. Kip Koehler**, 52nd MDOS; **junior-level civilian:** **Jennifer Beauchamp**, 52nd Medical Support Squadron; **mid-level civilian:** **Pamela Salvio**, 52nd Medical Group

Eifel Salutes

52nd Mission Support Group

The 52nd MSG's **dorm 225** swept through second quarter dorm-of-the-quarter inspections for a second-place win and \$500. Supply demands a salute for **Airman 1st Class Ellen Prendergast**, who keeps 2,000 pieces of property flowing monthly from the 52nd Logistics Readiness Squadron supply receiving element.

52nd Operations Group

A squeaky clean salute goes to the 52nd OG's own **dorm 134**, for honorable mention nods during the second quarter dorm-of-the-quarter inspections.

52nd Maintenance Group

It was ORI-cing on the cake for the **52nd Aircraft Maintenance Squadron**, who, led by **Lt. Col. Mark Fluker**, turned in a flawless performance during the U.S. Air Forces in Europe Operational Readiness Inspection. Talk about cleanin' house ... the second quarter dorm of the quarter inspection first place bragging rights and \$1,000 goes to **dorm 226**, 52nd Equipment Maintenance Squadron -- a repeat winner. There's no need to fabricate this story -- two big salutes go to the fabrication flight's newest below-the-zone recipients, **Airmen 1st Class Scott Burgin** and **Nathaniel Montminy**. Is there a "Phase dock" in the house? **Airmen 1st Class Adam Callahan**, a 52nd EMS crew chief in the



F-16 Phase dock was lauded by the U.S. Air Forces in Europe Inspector General for his hard work and dedication -- vital to the successful aircraft regeneration and "Excellent" rating earned by his section.

38th Munitions Maintenance Group

Staff Sgts. Mike

Clark and **Adam Parker** were the trainers on track to bring two new technicians up to command standard. **Staff Sgt. Henry Norrington** achieved 100 percent in his course work at the U.S. Air Forces in Europe Command and Control School, Ramstein AB. A true Combat Wingman is **Staff Sgt. Tara Heagle**, who ensures about 50 security forces people and more than 20 augmentees are properly trained to provide protection-level-one security to more than half a billion dollars in special weapons and a multi-million dollar weapons storage and security system.

CDC stars

The following individuals earned scores of 90 percent or higher on their career development course examinations: **Senior Airman Robert Peterson**, 52nd Civil Engineer Squadron, 92; **Airman 1st Class Justin Lara**, 52nd CES, 94.

Kudos to all; Team Eifel salutes you!

(Compiled by Senior Airman Amaani Lyle, 52nd Fighter Wing Public Affairs Office)



Courtesy photo

Top Saber Team

Unit Name: 703rd Munitions Support Squadron Mission Support Flight

Brief description of unit responsibilities: The mission support flight provides the squadron a myriad of support and quality of life programs. It is composed of services, independent duty medical technicians, finance office, community support center, commanders support staff and an Army and Air Force Exchange Services shopette.

Number of members: 20

How does the team fit into the 52nd Fighter Wing's mission? The team supports the mission by providing essential services to squadron members and their families. Whether it's a military personnel function, medical need or quality entertainment and food service, the flight is prepared to exceed expectations. The troops stationed at Volkel Air Base, Netherlands, enjoy most of the same activities as those stationed at a main operating base because of the team's diligent efforts. The flight accomplishes its mission through intensive training and a highly developed ability to multi-task. In addition to daily duties, the flight provides custody forces members to augment the local security cadre in support of the unit's NATO strike mission.

Team's other contributions through the year? The flight has implemented more than \$250,000 in new facility improvements, including a new dining facility serving line, salad bar, fitness equipment and additions to the library. The community support center expanded their operating hours by 200 percent. The medical technicians saved thousands of dollars in temporary duty assignment costs by providing on-site gas mask fit testing. Flight members have also been selected for a number of wing and U.S. Air Forces in Europe-level awards, including wing services CGO and SNCO of the year, Commander-in-Chief's Installation Excellence Award and the Air Force Outstanding Unit Award.

USAFE announces Youth of the Year

SEMBACH AIR BASE, Germany (USAFENS) -- A dependent at Spangdahlem Air Base, Germany, was recently selected as the U.S. Air Forces in Europe 2005 USAFE Youth of the Year.

Award winner José Tovar, 17, is the son of José and Elsa Tovar, both teachers for Department of Defense Dependents Schools in the Spangdahlem AB area.

The Youth of the Year Program recognizes superior leadership skills, academic achievement, and outstanding service to the community. By receiving this honor José will be awarded a \$3,000 scholarship for post-high school educa-

tion. José was selected from 13 candidates for his service to Spangdahlem AB youth programs and community, his academic achievements, and moral, ethical and family values.

José was also named the European Youth of the Year and will compete for the Northeast Regional Youth of the Year in New York City in July.

Initiative, public service and personal development are qualities exemplified by all base-level Youth of the Year winners. José and the other candidates were honored at the Youth of the Year ceremony June 20-24 in Washington, D.C.

Col. Dave Goldfein.....Commander
Capt. Thomas Crosson.....Public affairs chief
Capt. Mike Cumberworth.....PA deputy
Tech. Sgt. Pamela Smith.....PA NCOIC
Senior Airman Amaani Lyle.....Editor
Senior Airman Eydie Sakura.....Staff writer
Iris Reiff.....Leisure writer

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All photographs are U.S. Air Force pho-
tographs unless otherwise indicated.

Accessing Direct Line

The Direct Line program is a
way to get answers to questions
you still have after using your
chain of command.

Direct Lines of general interest
will be published in the *Eifel
Times* and may be edited or
paraphrased for brevity or clarity.
Submit your Direct Line via:

■ DirectLine@spangdahlem.
af.mil

■ Mailed to 52nd FW/PA,
Unit 3680 Box 220, APO AE
09126

■ To PA in building 23.

■ Concerns may also be sent
via fax to 452-5254.

Anonymous inputs are
accepted. To receive a personal
response you must include your
name and phone number. Call the
Eifel Times at 452-5244 for more
information.



Col. Dave Goldfein

July
Sortie
Scoreboard

Aircraft	Goal	Flown	Delta
22FS	275	69	-22
23FS	259	98	+5
81FS	232	66	-5

*Delta is contract vs. sorties flown to date.

Through July 11

Courtesy of the
52nd Operations Support Squadron
Plans and Scheduling Section

Viewpoint

July 15, 2005

Page 4

Authority

Strong leadership is great balancing act

Lt. Col. James Hanlon III
702nd Munitions Support Squadron commander

The key to being successful in the military is our ability to develop good leadership practices.

Our Air Force culture expends vast resources aimed at achieving well-trained leaders.

We should appreciate our professional military education and embrace every opportunity to develop leadership skills both in and outside the classroom. I have spent much of my adult life in search of examples of great leadership -- through military, political and religious leaders.

You need not go far in our Air Force to find examples of great leadership. As part of personal and professional development, it is your duty to ask yourself the secret of their success and try to pattern yourself after their success.

Avoid the pitfall of embracing a leadership style that may not jibe with the environment or culture.

I discovered there is no perfect leader. From Caesar to Napoleon, Garibaldi to Lincoln, they all had their genius and their share of faults. So what was the common denominator of all of these successful leaders?

It was their great personal courage in the face of adversity and their ability to adapt their leadership to the environment in which they found themselves.

From the commander to the lowest ranking member of a squadron, we are all leaders. It is imperative that we, as members of the profession of arms, continually re-assess our leadership styles and develop motivational methods. I have spent many hours dwelling on what kind of leader I want to be and the most effective style to use. Leadership is

We should all appreciate our professional military education and embrace every opportunity to develop leadership skills both in and outside the classroom.

situational and must be relevant to the mission, assigned personnel and organizational culture.

In other words, leadership is a great balancing act that must be continually monitored, tuned and balanced to fit our environment.

The following guide to the great balancing act of leadership is taken from an article by Jim Rohn called "The Qualities of Skillful Leadership."

In it, he espouses the importance of remaining flexible as a leader, continuing to refine our leadership skills and adapting our style to environmental variables until we become effective leaders:

Learn to be strong but not rude. It's an extra step toward becoming a powerful, capable leader. Some people mistake rudeness for strength. It's not even a good substitute.

Learn to be kind but not weak. We must not mistake kindness for weakness. Kindness isn't weak. Kindness is a certain type of strength. We must be kind enough to tell somebody the truth. We must be kind enough and considerate enough to lay it on the line. We must be kind enough to tell it like it is and not deal in delusion.

Learn to be bold but not a bully. It takes boldness to win the day. To build your influence, you've

got to walk in front of your group. You've got to be willing to take the first arrow, tackle the first problem, discover the first sign of trouble.

Be humble, but not timid. You can't get to the high life by being timid. Some people mistake timidity for humility. Humility is a grasp of the distance between us and the stars, yet having the feeling that we're part of the stars. So humility is a virtue; but timidity is a disease. Timidity is an affliction. It can be cured, but it is a problem.

Be proud but not arrogant. It takes pride to win the day and build your ambition. It takes pride in cause, in accomplishment. The key to becoming a good leader is being proud without being arrogant. I believe the worst kind of arrogance is arrogance from ignorance. It's when you don't know that you don't know. If someone is smart and arrogant, we can tolerate that. But if someone is ignorant and arrogant, that's just too much to take.

Develop humor without folly. That's important for a leader. In leadership, we learn that it's okay to be witty, but not silly. It's okay to be fun, but not foolish.

Lastly, deal in realities. Deal in truth. Save yourself the agony. Just accept life like it is. It's fascinating. And I've found that the skills that work well for one leader may not work at all for another. The fundamental skills of leadership can be adapted to work well for just about everyone: at work, in the community, and at home.

These are great words to keep and reflect on periodically as you continually develop your own leadership skills.

Direct Line

Library 'hang out'

Question: Sir, I'd like to call your attention to a problem pertaining to the Spangdahlem Air Base library.

Many middle school students go there after school in order to do homework and spend time with their friends. It is a public place, and they should feel welcome in an environment that most parents would consider safe. While the students are behaving appropriately, their presence shouldn't be a problem.

Unfortunately, recently there have been times when the library personnel have made students leave, have not allowed them to enter or have intimidated them by requesting information from them upon their arrival. Students in this age group have very few options for places to go after school. They may be possibly waiting for their next scheduled sports activity or waiting for their parents to finish meetings before they can go home. This especially applies to students who do not live on base.

During a recent Delta drill, when students arrived at the base library, they were asked for their identification cards and turned away if they did not

have them. Adults were not turned away. When one or two students are a little loud, all of the students are made to leave. A few weeks ago, while students were beginning to arrive and complete their homework, a library worker came to ask for their names, phone number, sponsor's name, etc. Once again, this is a public library. What better place for a student to want to be than a library?

If students cannot even feel comfortable going to the library, what options do they have, especially in the event of bad weather? They are not allowed to go to the fitness center without an adult. There is no recreation center. There is no real "food court." They can only wander -- and that is not acceptable to me as a parent. I want to know that my teenager has a safe place to go while she waits for me to complete meetings or unfinished business. She doesn't need a babysitter, but she does need a place to feel welcome and not harassed.

Answer: Thanks for your input on youth in our Eifel libraries. We certainly would like all base community members, including the middle school students,

to feel welcome at the library. Unfortunately, the Spangdahlem AB Library is not large, and we have to serve many different people in many different ways.

Throughout the school year, the library has received weekly complaints about the noise level and general behavior of the middle school students who come to the library after school, including specific complaints about the vulgar language and subject matter of these conversations.

In order to try and control the situation, library staff give the students one warning to quiet down and then the children are asked to leave if they continue to be noisy, per the library's appropriate behavior policy. At times, more than 20 students use the library in the same area, and the staff is unable to determine who among the group was being loud and who was not.

Since we continue to receive so many complaints from adult customers, we implemented a sign-up sheet for all children age 18 and under who come to the library unaccompanied by an adult. This will help staff put names with faces and so they can

ask only those who are not behaving appropriately to leave the library. We also then have the sponsors' information in order to contact them about their child's behavior, if necessary. We want all students to use the library and feel welcome, but in return, we ask the base youth to respect the library atmosphere. We understand how frustrating it is for middle school students to find a place to pass the time on base, and we are happy to have them come to the library if they can keep their voices low and be respectful of the library staff and other customers.

Another initiative we will begin working on when school begins is to design and build a world-class "Teen Center" at the old Club Eifel.

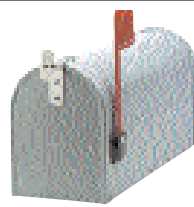
If interested, please call the youth coordinator, Deb Willey at 452-7868 to sign up. This will be a community project, and I am looking for interested and creative students, teachers, parents and community leaders to help design, raise funds and build this facility for our teenagers.

Thank you for your feedback. Working together, we can provide many suitable afterschool options that serve all of our teenagers.



Community Mailbox

Submit "Community Mailbox" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil.



52nd SVS facility hours

Due to Explore the Eifel Monday through July 22, the 52nd Services Squadron facilities operating hours will be:

- ♦ Jet Blast Inn, closed
 - ♦ Fitness center, 9 a.m. to 6 p.m.
 - ♦ Library, 11 a.m. to 4 p.m.
 - ♦ Club Eifel, no lunch buffet, open normal hours
 - ♦ J.R. Rockers, open normal hours
- Call Capt. Alyson Miller at 452-6721 for details.

Life skills classes

Family advocacy offers the following classes. Registration is required.

- ♦ Anger management -- four consecutive Tuesdays, start date is to be determined. Classes are from 9-10:30 a.m. in Spangdahlem AB building 161. Call Richard Kuyper at 452-8279 for details.
- ♦ Passport to parenthood -- July 27 from 1-4 p.m. in the Spangdahlem AB Family Support Center. For more information, call 452-8279.

FSC loan locker

The Spangdahlem AB Family Support Center loan locker will close July 25. All loan locker check-outs and returns will be through the Bitburg Annex Family Support Center Monday through Thursday from 1-4:30 p.m. For details, call Tawania Kovacs at 452-6422.

Olympic Tuesday

People can participate in Olympic Tuesday each week in August at 6 p.m. in the Brick House. Events include Bingo for Points Aug. 2, a Suitcase Relay Race Aug. 9, Banana Pong Race Aug. 16, Believe It or Not Jeopardy Aug. 23 and a Freeze Out contest Aug. 30. Players earn points toward bronze, silver and gold awards for the Brick House wall of fame. For details, call Kim McElfesh at 452-7381.

Scavenger hunt

The Brick House Scavenger Hunt takes place Aug. 6 at 6 p.m. Register at the Spangdahlem AB Eifel Community Center Monday through Friday from 9 a.m. to 6 p.m. Call Kim McElfesh at 452-7381 for details.



2nd Lt. Shannon Collins

'Horror'able theater

ACT Eifel cast members perform the Broadway musical, "Little Shop of Horrors," opening night on the Spangdahlem Elementary School stage Saturday. Tickets are still available for showtimes today and Saturday at 7 p.m., and Sunday at 2 p.m. The cost is \$8.50 for adults and \$4 for children. To purchase tickets, call the community center at 452-7381.

Craft fair

A craft fair takes place Aug. 20 from noon to 4 p.m. in Bitburg Annex building 2012. People interested in selling crafts should call Patti Porter at 452-7381 to register as a vendor.

Rock concert

The rock band "Brickfoot" performs in the Brick House Aug. 26 at 9 p.m. The show is free for all identification cardholders and is for people ages 18 and older. For more information, visit www.brickfoot.com.

Polish pottery bingo

Brick House Polish Pottery Bingo takes place Aug. 27 at 11 a.m. Costs vary according to the cards players choose to use. For more information, call Kim McElfesh at 452-7381.

Walking groups

Parents interested in forming parent and child walking groups should call the Spangdahlem AB Family Advocacy office at 452-8283.

Party room available

Party rooms for children ages 5 and younger, and 6 and older are available for rent on weekends throughout the summer in Bitburg Annex building 2012 for \$50 per party. Call 452-9555 to make reservations.

ITT closure

ITT will be closed Monday for training. For more information, contact Guido Schwanz at 452-6567.

English lessons

English as a Second Language classes take place each Monday and Wednesday from Sept. 26-Nov. 9 in Bitburg Annex building 2012. Cost is \$60 for the class and \$20 for the book. For course times and registration, call 452-7381.

Gas station hours

The Bitburg Annex gas station's new hours are Mondays through Saturdays from 6:30 a.m. to 8 p.m. and Sundays from 9 a.m. to 8 p.m. For more information, call Rosie Schmitz at 452-9065.

Chapel Services

Spangdahlem AB

Catholic Mass

- ♦ Saturday, 5 p.m.
- ♦ Sunday, 8:30 a.m.
- ♦ Sunday, religious education, 9:45 a.m. (building 139)
- ♦ Monday - Thursday, 11:45 a.m.

Protestant

- ♦ Sunday, 9:30 a.m. and 4 p.m., pre-school through sixth grade (building 139); 10:30 a.m., traditional service; 1 p.m., Korean; 5 p.m., Sunday Night Live service

Bitburg Annex

Catholic Mass

- ♦ Sunday, 11:30 a.m.
- ♦ Monday, 8:30 a.m.

Protestant

- ♦ Sunday, 8:15 a.m., Liturgical; 9:30 a.m., Contemporary; 1 p.m., Gospel Service
- For more information about Jewish, Islamic, Rite of Christian Initiation for Adults or other faith needs, call the chapel at 452-6711/6281.



DEPLOYED SPOUSE NIGHT

Every 1st and 3rd Monday of the month, deployed spouses can enjoy **HALF PRICE** meals at J.R. Rockers!
(Applies to only the spouse only, not children.)

FRIDAY NIGHT QUICK BITE

NO COUPONS TO CLIP • DINE IN OR CARRY OUT

One 16" pizza w/ 2 toppings

One large garden salad w/ dressing

One large order of onion rings

Up to five fountain drinks

ONLY \$20

A \$25 VALUE!

Just stop into J.R. Rockers and place your order. It will be hot, fresh and ready in minutes! Available only on Friday night 4:30-9 p.m.
(Sorry, no call-in orders at this time.)

BRING YOUR WINGMAN ON WEDNESDAY!

Bring your Wingman to J.R. Rockers on Wednesdays get two 12" one-topping pizzas and 2 fountain drinks for ONLY \$8.00! You must show your Wingman Cards.

J.R. ROCKERS
IS OPENED
DURING REGULAR
BUSINESS HOURS
DURING THE
"EXPLORE THE
EIFEL" TRAVEL FAIR!

TODAY
11 A.M. - 2 P.M.
&
4 P.M.-MIDNIGHT



Der Markt

Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to publicity@spangdahlem.af.mil or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The Eifel Times staff reserves the right to edit ads.



Enjoy culture, fun, adventures in Eifel region's 'local paradise'



Daily

Trier

There's a wine info trail at 3 p.m. that starts near the Trier Amphitheater and ends in Olewig. There are also free English-speaking tours, a Roman City tour at 11 a.m. and a regular walking tour of Trier at noon. All events take place all four days of "Explore the Eifel." See Circus Flic Flac at the Trier Moselauen Messepark fairgrounds **today through July 24**, Monday through Friday, at 8:30 a.m.; Saturday at 5 and 8:30 p.m. and Sunday at 3 and 7 p.m. Entry is 7.50 to 34.50 euros. Go to www.flic-flac.de or call 0700-666-666-11 for tickets and for more information.

Binsfeld

Take an English-speaking walking tour of Binsfeld. The guided trail will pass by road crosses, sports areas, the Peter von Binsfeld Birth House, schools, a pottery maker and a few historical sites.

Nature Park

The Gerolstein Eagles and Wolves Park Kasselburg offers tours and visits through the park in English only during "Explore the Eifel."

Neighboring countries

Belgium

Visit monuments to World War II's Battle of the Bulge in Bastogne. Take A60 to A1 to Luxembourg and then toward Brussels. Call 0032-6221-2413 for details. See the caves at Remouchamps and enjoy the longest underground boat ride in the world. Take A60 and get off at the Spa/Malmady exit. At the traffic circle, go toward Stavelot, through Stavelot to Trois Ponts. Follow the signs to Remouchamps, south of Liege. Call 032-4384-4682 for the cave and 0032-4360-9070 for reservations. See hundreds of nativity scenes from Europe and Africa in Kripanna. Take A60 and get off at Prüm. Follow the main highway through Prüm and then the signs to Losheim. For more information, call 06557-866.

France

Enjoy the Citadel, located in Bitche. A castle was built in the 11th century where the Citadel now sits. The castle remained standing for hundreds of years through various wars. Visitors walk through the underground passages. It's open for visits from 10 a.m. to 5 p.m. Sundays through Saturdays. In Simserhof, see the Maginot line. It was built between 1923 and 1938 to keep the Germans out. This portion is well preserved, and all of the guns are still in working order. Travel three miles of tunnels where 300 troops lived and worked. See a completely contained underground city with quarters, dining hall, a hospital and more. English tours are available by appointment only. Travel from Zweibrücken to the French border, then on French highway D962 toward Bitche. Follow the signs for the Simserhof (Ligne Maginot).

Luxembourg

See the ruins of a 12th-century castle in Beaufort, open daily from 9 a.m. to 6 p.m. Visit a national military museum in Diekirch, open from 10 a.m. to noon and 2 to 6 p.m. For more information, call 035-280-8908. See a seventh-century monastery in Echternach. See the General Patton museum in Ettelbruck, open daily from 10 a.m. to 5 p.m. At the Grevenmacher butterfly garden, people can see 40 different species from five different continents from 9:30 a.m. to 5 p.m. An English-speaking guide is available. Take A60 to A1 to Trier. Take the Grevenmacher exit and follow the signs. For details, call 00352-758539. Visit the monuments in Hamm. It's the final resting place of 5,076 American soldiers, including General Patton. Take A60 to A1 to Luxembourg. Get off at the exit for the airport. Go past the airport and follow the English signs to the cemetery. See the town where Victor Hugo lived by visiting Vianden. Go from Bitburg past Oberweis and follow the signs. Call 00352-834108 for more information.

Spangdahlem

Spangdahlem village invites children and adults on an "Explore the Eifel" village walk and entertainment program.

Bad Bertrich

Enjoy a day of health and relaxation at Germany's unique salt thermal spring. Visit walking trails, a spa garden, cafes, an art house, a photography museum and a historical palace. Take A-60 to Wittlich, follow the signs to Koblenz, exit on Hasborn and follow the signs to Bad Bertrich.

Mosel Bus Tour

Enjoy an organized bus tour through the beautiful Mosel Valley, past the old Castle Metternich of Beilstein and the medieval village of Beilstein to Bernkastel-Kues. This "Explore the Eifel" travel package includes a wine tasting in Wehlen and is available **Thursday** to Spangdahlem Sabers.

Saturday

Enjoy the "Castle Romantic" concert at the Landshut castle in Bernkastel, performed by the "Project Vokal" chamber orchestra and the Bernkastel Men's Quartette. Participate in a long distance Nordic walk from 2 to 4:30 p.m. For more information, call 06571-10739.

Sunday

Bitburg holds a special Braderie wine and champagne festival throughout the center of town. Many stores will be open between 1 and 6 p.m. Enjoy first-class, big band music between 11 a.m. and 7 p.m. It features renowned bands from Germany, Belgium and Luxembourg. People can also listen to an organ concert at the Himmerod Abbey.

Monday

Take a geological excursion with an English-speaking guide through a volcanic landscape at 2 p.m. through the Manderscheid Maar museum and the Windsborn-Vulkano-Lake. The starting point is at the museum. Cost is five Euros for adults and three euros for children, 4-15 years old. A group of 15 people is required. Sign up at the fair or call 06572-932665. Farmers Olympics takes place **Monday and July 22** at the Biersdorf Lake. People can compete in a milking contest, fence post or nail wrapping, bale of straw or barrel rolling, pushcart races and more. Enjoy barn evenings **Tuesday and July 22** in Wiersdorf. Sign up at today's information fair to participate in the events. Go to www.turi.de for details. Take a Sauer Canoe River Trip from 8 a.m. to 5 p.m. through Outdoor Recreation. Cost is \$35 and includes transportation, a guide and equipment. Call 452-7170 for details.

Tuesday

Listen to the Festival of British Youth classical concert at the Schorlemer Kelterhaus in Zeltingen, Rachtig, a Mosel town located on the way to Bernkastel. Take an intro to scuba class through outdoor recreation from 8 a.m. to



Courtesy Photo
Team Eifel members enjoy the Farmer's Olympics in Biersdorf. People can compete in a variety of challenges Monday and July 22.

noon or noon to 4 p.m. Cost is \$35 per person and includes transportation, equipment and instruction. Only six people age 18 and older can participate. For details, call 452-7170. Take a Mosel River Cruise from Bernkastel from 9 a.m. to 5:30 p.m. through the community activities center. Cost is \$10 per person and includes transportation and the boat fee. For details, call 452-7260.

Wednesday

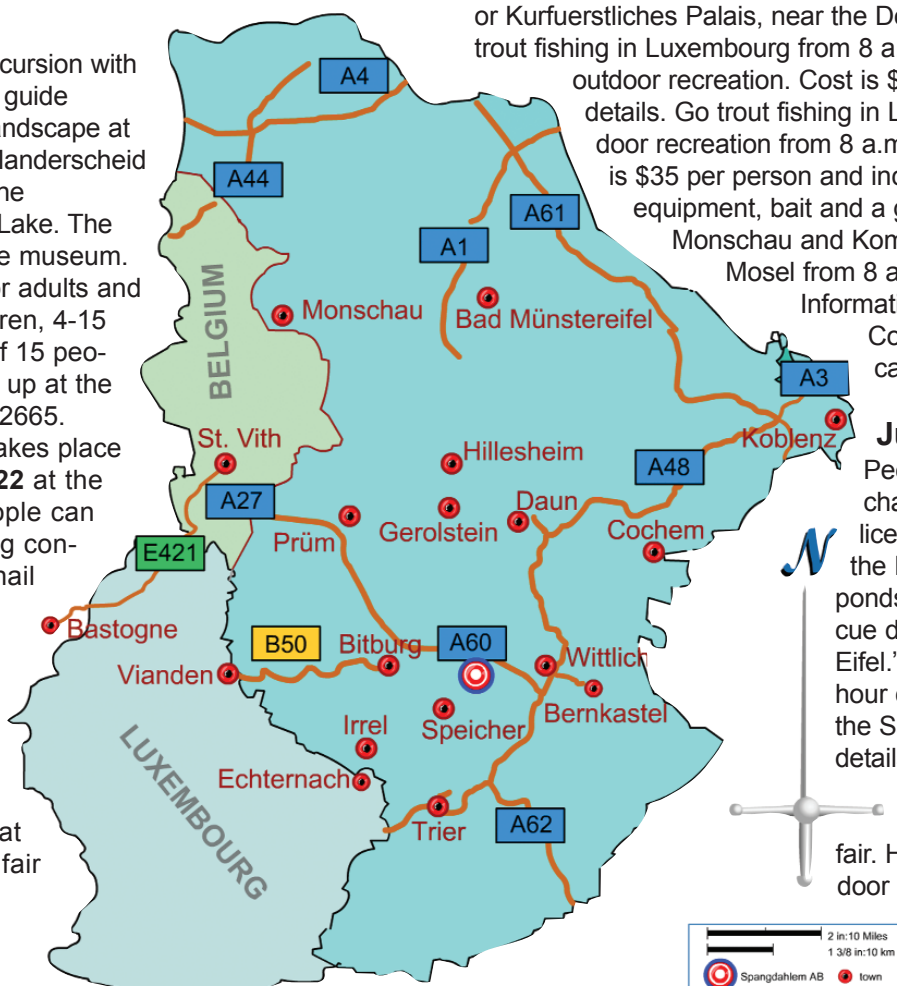
Enjoy a classical performance at the Trier Imperial Palace, or Kurfuerstliches Palais, near the Dom cathedral. Listen to Dixieland music by the New Orleans Express band at the Mertesdorf Karlsmuehle.

Thursday

Enjoy first-class jazz music at the Trier Imperial Palace, or Kurfuerstliches Palais, near the Dom cathedral. Enjoy trout fishing in Luxembourg from 8 a.m. to 5 p.m. through outdoor recreation. Cost is \$35. Call 452-7170 for details. Go trout fishing in Luxembourg with outdoor recreation from 8 a.m. to 5 p.m. The cost is \$35 per person and includes transportation, equipment, bait and a guide. Take a Monschau and Kommern Tour on the Mosel from 8 a.m. to 8 p.m. through Information, Travel and Tours. Cost is \$45. For details, call ITT at 452-6567.

July 22

People can fish free of charge and without a license July 22 only at the Niederkail fishing ponds and enjoy a barbecue during "Explore the Eifel." Participate in a five-hour canoe tour through the Sauer Valley. Obtain details and sign up for this event in advance at today's information fair. Hike the Eifel with outdoor recreation from 9 a.m. to 5 p.m. Cost is \$20. For details, call 452-7170.



July 23-24

A combined Bitburg-Luxembourg, large-scale airshow takes place in Bitburg. Go to www.airshow.lu for details.

Departures

The departure location for outdoor recreation trips is the building 146 parking lot on Spangdahlem Air Base. The departure location for ITT is the parking lot behind building 125.

When in Eifel, roam as the Sabers do

Sight	Description	Directions/Contacts
Air Balloons	Balloons launch in the early morning or late afternoon. Flight time: 60-90 minutes.	Call Eifel-incoming at 06561-940156.
Altscheid	Visit a pottery factory that produces products using the same methods used in the 14th century. It's 20 minutes from Bitburg.	Call 06527-1642. Take B50 toward Oberweis, turn to Hermesdorf and follow the road to Altscheid.
Bitburg Pils	Tour the Bitburg Pils factory. Visitors get to sample the beer and learn how it is processed. Guided tours are Mondays through Thursdays by appointment only.	Call 06561-142497.
Eifelpark Gondorf	This animal and adventure park has rides and games for children and a walking path for families. It's open from 10 a.m. to 4 p.m. and is about 10 minutes away.	Take the B50 toward Bitburg. Take the exit on the left across from the second exit to Dudeldorf.
Hellenthal	Enjoy a bird of prey center and game park. It's about 45 minutes away.	Head toward Prüm, than follow B265 toward Hellenthal.
Hermeskeil	See pre-World War II aircraft at the airplane museum about 45 minutes away.	Take A60 to A1 toward Kaiserslautern. Get off at Hermeskeil.
Himmerod Abbey	This 11th-century monastery has six concerts from spring through fall. It's about 15 minutes away.	Go out the main gate and take the A60 toward Wittlich.
King's Forest	Take a 1.5-mile trail through Königswäldchen, the King's Forest. Visit 11 interactive stations.	It's located north of Bitburg on the L32. Call 06561-4813.
Lünabach Eifel Zoo	See a variety of animals and a petting zoo. It's about 30 minutes away.	Take A60 and get off at Prüm. At the stop sign, go straight for .5 miles and take a left to Pronsfeld. Call 06556-816.
Maria Laach	Enjoy fields, green woods, a deep blue lake and a monastery with 60 Benedictine monks.	Take A60 to A1 toward Koblenz and then take the A61.
Rohscheid Museum	This open-air museum offers views of the Saar and Mosel Rivers and the lifestyles and trades of old Germany. The museum is open Tuesdays through Fridays from 9 a.m. to 5 p.m.	From Trier, drive toward Konz. Follow signs toward Konz-Rohscheid. Call 06501-4028.
Sinsheim	See 3,000 exhibits at the automobile museum housing Europe's largest permanent Formula-1 exhibit and the fastest auto in the world. There's also an IMAX theater. It's three hours away.	Take A60 to A1 toward Kaiserlautern. Take A6 toward Mannheim/Heilbronn.
Stausee	Biersdorf's reservoir in the Prüm valley offers fishing, paddle-boating, inline skating and more.	Call 06569-963959 or 06561-94340.
Teufelsschlucht	(the Devil's Gorge) See a bizarre rocky landscape of limestone and sandstone.	12 miles south of Bitburg; visit www.naturpark-suedeifel.de .
Villa Ötrang	This Roman villa has one of the best preserved mosaics north of the Alps. It is closed Mondays. It's about 15 minutes away near Fliessen.	Take the B50 or Autobahn to Bitburg and then to Erdorf. Before the bridge, go left. Call 0180-5221360.



Porta Nigra in Trier



Butterflies in Grevenmacher, Luxembourg



Go-carting in Bitburg

Town	Description	Directions
Bernkastel	It has half-timbered houses and stores offering wine and souvenirs. Its St. Michael church was built during the 14th century and offers guided tours. Visit www.bernkastel.de	Take A60 to Wittlich-Wengerohr and follow B50 to Zeltingen/Mosel to Bernkastel. Call 06531-40-23.
Bitburg	Take a guided tour of Roman fortifications, drive on go-cart tracks, see museums, take a swim in and indoor and outdoor pool or ice skate during the winter months in this town of possibilities.	Call 06561-94340 or visit www.eifel-direkt.de .
Cochem	See a castle that dates back to 1051. Enjoy English-speaking tours and medieval dinners.	Call the castle at 02671-255 or ITT at 452-6567.
Daun	Visit the only bell foundry in Germany. It's about 45 minutes away near Daun at Brokscheid.	Take A60 to A1 toward Koblenz and exit Daun.
Dudeldorf	See a two-wing manor house, called the Dudeldorf Castle or the scrapes on the town's main archway where Patton drove his tanks through in World War II.	Call 06565-933446 or visit www.burg-dudeldorf.de .
Gerolstein	Here, a Lutheran church has a Roman villa behind it with several skeletons entombed in its walls.	People should book the 45-minute tour in advance.
Idar-Oberstein	See the "church in the cliff" or buy mounted semi-precious stones. The town is 90 minutes away.	Take A60 to A1 to Kaiserslautern to Idar-Oberstein.
Irrel	See a bunker that was part of the Siegfried Line. Book through Irrel volunteer fire department.	From Bitburg, take B-50 toward Echternach.
Manderscheid	See two castles dating back to 1201. During the last weekend in August, see authentic jousts. The knights come to demonstrate their battle expertise by torchlight. It's 30 minutes away.	Go out the main gate and take the first right. Follow the signs. Call 06557-96560.
Monschau	See numerous half-timber houses, the majority of them listed as historical buildings.	Take A60 to B51 exit toward Köln/Aachen.
Oberweis	Enjoy a four-star campground set in the Pruem River Valley.	Call 06527-92920 or visit www.pruemtal.de .
Prüm	The basilica at Prüm is reputed to house a sandal from Christ. It's about 30 minutes away.	Take A60 and follow the signs to Prüm.
Rittersdorf	See a 13th-century castle. Groups can book a medieval dinner with entertainment.	It's five minutes south of Bitburg, off of B51.
Speicher	Visit a pottery museum and workshop and see 2,000 years of ceramic history. It's open from 8 a.m. to 5 p.m. Mondays through Thursdays and 8 a.m. to noon Fridays.	Call 06562-2023 for more information.
Trier	Enjoy the 12th century St. Matthias abbey church with a Roman cemetery dating to the third century; the Church of St. Paulinas; the Dom Cathedral, which houses the robe of Christ; the Karl Marx House; the Porta Nigra; the imperial baths; the amphitheater; the toy museum and more.	Take A60 to A1 to Trier. Call the tourism office at 0651-978-080 for specific directions, costs and times or visit www.tourist-information-trier.de .
Wallenborn	See a mini-Old Faithful or take a free tour of one of the largest bee keeper areas in Germany.	From Bitburg, go toward Daun (B-257).

For more sights and towns, visit the information booths at Club Eifel today or visit the Intranet

Movies

The following movie listings are for today through July 21. Times and movies are subject to change. For current information, call 06565-61-9441 or 452-9441. Movie synopses are available at www.aafes.com/ems/default.asp.

Spangdahlem Skyline

Today

xXx: *State of the Union* (PG-13, 7 p.m.)

NSA Agent Augustus Gibbons once again finds himself in need of an outsider. Gibbons and his new agent must track a dangerous military splinter group that is conspiring to overthrow the U.S. Government in the nation's capital.

House of Wax (R, 10 p.m.)

A group of friends falls prey to a pair of murderous brothers in an abandoned small town. They discover that the brothers created an entire town filled with the wax-coated corpses of unlucky visitors. Now the group must find a way out before they too become permanent exhibits in the House of Wax. (Editor's note: This showing is free to people who bring their wingman. Wingman cardholders and the person listed on their wingman card get free entrance to the film.)

Saturday

The Sisterhood of the Traveling Pants (PG, 7 p.m.)

When four best friends spend their first summer apart from one another, they share a magical pair of jeans. Despite being of various shapes and sizes, each one of them fits perfectly into the pants. To keep in touch they pass these pants to each other as well as the adventures they are going through while apart.

xXx: *State of the Union* (10 p.m.)

Sunday

The Sisterhood of the Traveling Pants (4 p.m.)

xXx: *State of the Union* (7 p.m.)

Monday

The Sisterhood of the Traveling Pants (7 p.m.)

Tuesday

House of Wax (7 p.m.)

Closed Wednesday and Thursday

Bitburg Castle

Today

The Hitchhiker's Guide to the Galaxy (PG, 7 p.m.)

Earthman Arthur Dent's house is about to be bulldozed, he discovers that his best friend is an alien and Planet Earth is about to be demolished to make way for a hyperspace bypass. Arthur's only chance for survival: hitch a ride on a passing spacecraft.

The Longest Yard (PG-13, 9:30 p.m.)

Paul, a revered football superstar back in his day, is involved in a drunken driving incident and lands in jail. He assembles a team of convicts to square off in a big football game against the guards.

Saturday

The Longest Yard (7 p.m.)

Sunday

The Interpreter (PG-13, 7 p.m.)

Silvia alleges that she has overheard a death threat against an African head of state. In an instant, Silvia's life is turned upside down as she becomes a hunted target of the killers.

Closed Monday and Tuesday

Wednesday

The Hitchhiker's Guide to the Galaxy (7 p.m.)

Thursday

The Longest Yard (7 p.m.)



Iris Reiff

(Top) Children take part in the 400-meter bambini run for youth ages 14 and below Sunday at Binsfeld's second annual German-American Friendship Run. The run also featured a 5K and 10k run or walk for adults and seniors.

(Right) Col. Tim Pendergrass (right), 52nd Medical Group deputy commander, competes with a local national during the 25th annual Bitburger Beer Barrel Rolling contest Saturday in downtown Bitburg. Fifteen teams competed for first prize, with four members of each team rolling a 58-liter beer keg 100 meters, overcoming obstacles along the course. The Bitburg fire department placed first.



Kornelia Pittsch

Running relations

Wing members participate in local events in Binsfeld and Bitburg this past weekend.

Little League teams go for the gold in all-star tournament

Staff reports

The Eifel Little League Baseball and Softball Association sponsored two teams in this year's Little League International All-Star tournaments.

The 11 and 12-year-old girl's team represented the Eifel community in a tournament held at Ramstein Air Base June 17-18; while the 11 and 12-year-old boy's team traveled to Vilseck Army Post June 23-26.

The teams did not place in the tournament; however, team coach John Rozell said the players worked extremely hard preparing for the tournaments

and were great ambassadors for the Eifel community.

In addition, two members of the Eifel's 13 and 14-year-old baseball division tried out for and made the Ramstein Little League team, which won their district tournament.

The Ramstein team will compete in the regional tournament held in Kutno, Poland, with a chance to go on to the Junior Little League World Series in Taylor, Michigan.

The players representing the Eifel Little League team are Andrew St.

Pierre, son of Master Sgt. Matthew St. Pierre, 52nd Medical Operations Squadron, and Robert Hernandez, son of Tech. Sgt. Al Hernandez, 372nd Training Squadron, Detachment 17.

The Eifel Little League association is expecting a high turnover of board members this season. In order to provide the Eifel community with Little League opportunities in the future, they are looking for active members to join the board and organization.

For more information, call Master Sgts. Jim Bitting 452-6300 or John Rozell 452-6831.

Sports Briefs

Flag football

The fitness center is looking for people interested in becoming intramural flag football referees. The season begins Aug. 15. For details, call Staff Sgt. Maxwell Pontenila or Mark Warner at 452-6634 or 452-6635.

Fitness equipment training

Training classes for the proper use of fitness equipment in the Spangdahlem AB fitness center take place each Friday at 9 a.m. free of cost. Call 452-6634 for details.

Personal trainers needed

The Skelton Memorial Fitness Center needs qualified, enthusiastic personal trainers to guide individuals to a healthier lifestyle. For more information, call the fitness center at 452-6634.

Martial arts

Kuk Sool Won is a martial arts system that covers Asian fighting techniques and body conditioning, as well as mental development and traditional weapons training. Classes are held Mondays and Wednesdays from 6-8 p.m., and Fridays from 5-7 p.m. in the Bitburg Annex Fitness Center. For details, call Sean Heard at 452-6193.

Men's soccer

The men's soccer team is looking for talented, experienced players for the upcoming USAFE tournament at Camp Darby, Italy, in October. For more information, call Staff Sgt. Maxwell Pontenila at 452-6496.

Running club

Get in the running with the running club. They meet every Tuesday at 5 p.m. and hit the streets to stay in shape. There will be 10 races in the season -- nine 5Ks and one 10K. The cost is \$5 per person. Pre-registration is required. For details, call the fitness center at 452-6496.

Tai Chi classes

The Health and Wellness Center offers Tai Chi Quan classes Mondays and Wednesdays from noon to 1 p.m. in the HAWC yoga room. Tai Chi is for people interested in inward martial arts, meditation in movement and relaxation. For details, call Klaus van den Boom at 452-7233.

FitLinxx

Extreme Summer points

In order to redeem Extreme Summer game pieces at the base fitness center, print FitPoints by clicking "Workouts" from the FitLinxx online account and then customize the time period to reflect July 1-31 and August 1-31. Each player can earn up to 400 Extreme Summer points each month for fitness activities that are logged into the FitLinxx system. To enroll in FitLinxx, visit www.combatfitness.org.

Prizes

Log on to FitLinxx today for a chance to win lots of prizes. Earn at least 15,000 points to win Combat Fitness t-shirts, polo shirts, hats, socks, duffel bags and sweat-shirts. Everyone is eligible to participate. For details, call the fitness center at 452-6496.